

June 2020 Find

Community newsletter for Findon, West Sussex Including the Church Parish of Findon, Clapham & Patching

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Articles for publication (maximum 650 words) can be submitted by email to findonnews@zoho.com, or via the 'Findon News Box' in the Village Shop.

Closing Date for Next Publication: 20th June 2020



Can you help St Barnabas Hospice?

Original painting by Maggie Martin for sale. Proceeds will go to St Barnabas Hospice, who are suffering a drop in donations during the current sad situation.

I have recently completed this watercolour painting of Wisteria from Dorothy Barber's garden, which measures approx. 22" x 18" and is mounted but not framed. I painted it to raise much needed funds for St. Barnabas Hospice and I would hope to raise at least £100 but I am open to offers! If you would like to see the painting please contact me and I will arrange for you to see it under "safe" conditions.

Maggie Martin 01903 874173/07544

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From the Rectory

A birthday is always a special occasion, a time to celebrate (although through middle age, this seems less of a cause for celebration than a reminder that old age beckons!) Children look forward to birthdays – not just their own but those of family members and friends, always revelling in the excitement, the 'secrets' and the Big Day. This spring has been a challenging time for children in many ways, not least being unable to celebrate birthdays that have fallen during the lock down. Zoom, Skype and WhatsApp allow us to talk face to face with loved ones, but it just isn't the same!

Of course, this is my world as my grandchildren live in Australia and we've become accustomed to chatting remotely, exchanging virtual hugs and kisses.

Jasmine turned 7 on May 31st and last time we spoke, she was still hoping against the odds that restrictions could be lifted so her friends could come and share her joy!

But May 31st is significant this year for more than just my eldest granddaughter. It is also Whit Sunday, or Pentecost, the Feast Day that comes 50 days after Easter (hence the name!) It is the day when Christians remember how the Holy Spirit came down on the first Disciples of Jesus in a rushing wind and tongues of flame, as we read in Acts chapter 2. The Spirit filled them with power and strength, enabling them to speak to people in their own tongue, and more and more people were baptised in the name of Jesus. At the end of this chapter, we read how the believers were together, having all things in common, sharing so that nobody was in need. This early church – the Body of Christ on earth – is the ideal, what we as Christians should strive for. Sadly, human greed and lust for power has corrupted the

church over centuries, just as in every other walk of life, but it is still an ideal to strive for! Pentecost is also called the Birthday of the Church, since it was from this day that the Christian church emerged, although followers of Jesus were not known as Christians until some while later, tradition holds this as happening at Antioch, where Saul and Barnabas were teaching (Acts 11:26)

Although unable to celebrate Pentecost together in our churches, we could share together online and I would encourage you all to continue to pray for a fresh outpouring of the Holy Spirit on us all, especially on our political leaders as they seek to guide us out of the aftermath of the pandemic, praying for wisdom, compassion and discernment for them. The last couple of months have shown us all the value of selfless love and care, the generosity of so many who have given their time freely to help and support neighbours, friends and family members unable to leave their homes, ensuring they have all the basic necessities they need, talking to them on the phone or from a safe distance to ease their isolation. As a society, we have changed, and my fervent prayer is that as life begins to return to 'normal' (whatever that means!) we will not lose the sense of being united as a community locally, nationally and globally, and that all will work together to heal our broken world, helping to build God's Kingdom on earth as it is in heaven. Amen

Every blessing, Helena

Helena and Colin have recorded an on-line service each Sunday.

It is available on the Church website (see below)

Rev. Helena Buqué, Priest in Charge and Colin Cox, Curate: c/o The Rectory, School Hill, Findon, BN14 0TR. Tel: 873601 findoncprectory@gmail.com www.findon-clapham-patching-churches.com

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Father's Day 21st June 2020

Whilst there is a long tradition of celebrating Mothering Sunday in the UK, Father's Day is a relatively recent phenomenon. The movement to celebrate fathers as well as mothers began in the early 20th century in the USA.

In 1907 the Monongah Mining Disaster occurred, killing 361 men, 250 of whom were fathers. The following year, Grace Golden Clayton, from Fairmont, West Virginia, lobbied Reverend Robert Webb to hold a service to honour their lives. Grace missed her late father greatly and it was decided to hold the service on 5th July 1908, the Sunday closest to his birthday.

In 1909 the idea of honouring fathers was picked up by Sonora Smart Dodd, after she heard a Mother's Day sermon. Sonora was one of six children, who were brought up by their father alone after the death of her mother shortly after giving birth to her last child. She therefore felt that both parents deserved the same recognition. With the assistance of the local YMCA and the Ministerial Association of Spokane, Sonora campaigned to have the day officially recognised. The first event was held at the YMCA in Spokane,

Washington on 19th June 1910. Many towns in America later followed suit. Support spread throughout America and in 1924 President Calvin Coolidge encouraged state governments to mark the occasion. In 1966 President Lyndon Johnson issued the first presidential proclamation honouring fathers, making the third Sunday in June Father's Day. In 1972 President Richard Nixon signed it into law, establishing the day as a national holiday across America. In the UK, Father's Day gradually became recognised after the Second World War, but it is not possible to put a date on the first one celebrated here.

Is it Father's Day, Fathers' Day or Fathers Day?

Father's Day appears to be the correct version, following the precedent set for Mother's Day. Anna Jarvis (who held the first official Mother's Day service in the USA for her mother in 1908), trademarked the term 'Mother's Day' in 1912— with the apostrophe before the 's'. She felt that the word should 'be a singular possessive, for each family to honour its own mother, not a plural possessive commemorating all mothers in the world'.

200 Club

The May £25 draw was carried out, but due to the virus the first major draw has been postponed to November, when the second major draw will be held. The

winning number for may was 163, which is held by Findon Village WI.

Alan Wadhams



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VE Day Celebrations

May 8th saw much of the village celebrating 75 years of peace. Great efforts across the generations were made to ensure safe and celebratory events; tea parties, street parties, bubbles parties and all manner of socially distanced gatherings commemorating the day the war in Europe ended. Abundant quantities of bunting and Union flags lifted spirits and restored optimism. Cherished china tea sets, camouflaged cars, and even an old Land rover were on display. Villagers came together (virtually and in

Margaret Bamford

small groups!) to demonstrate the spirit of resilience and community that makes Findon so special. Even in Fox Lea, which has had more than its share of challenges this year, with serious illnesses and deaths, everyone joined in. In spite of lockdown we wanted to acknowledge our freedoms, and we wanted to have fun! It was a truly memorable day. Let's pray that we remain as kind and caring as restrictions are lifted and things gradually return to normal.





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VE Day - 75th Anniversary



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An unintentional book

Family history can be an interesting and intriguing subject. Equally it can be a boring list of names and dates, especially if it is not yours. That is why I decided to write my story in an unusual format, part historical novel, part family history, in small episodes through time like a journal. A walk through England's past in the company of members of the Alchorne/Allcorn family, some real some fictional. What they thought and in some cases what they did is down to my imagination aided by my investigations.

Research is so much easier these days due to the internet and DNA testing, but be prepared for some skeletons to fall out of the cupboard!! I was given a big start in my search by Catherine Pullein who wrote a book on Rotherfield in East Sussex, a village where my family had lived for 1,000 years, even before the Domesday Book. She even included a chapter on them and their Manor. Because of this I thought I knew most, if not all, of my history. How wrong I was. Further searching revealed that I only knew half of it. That was why I resolved to record it. This was intended to be something that I could leave for my children, grandchildren and an ever

Norman Allcorn

increasing number of great grandchildren. Then I got carried away! 90,000 words later it was suggested that I publish it as a book, so watch this space.

For any one intending to start their own research there are many internet sites, both local, national and international. Most, like 'Ancestry' and 'Find my Past' are subscription sites but can be viewed for free at any library. Also free is 'Family Search' run by The Church of Latter Day Saints. (A word of caution, mistakes on these sites can be copied and compounded so try to find original sources where possible.) Other groups are 'One Name Studies' and those for a certain areas. The Sussex Family History Group has 3,000 members world-wide and a research room at 'The Keep', otherwise known as East Sussex Record Office. This is close to the Amex stadium. The group also has branches throughout the county including a Worthing one. Meetings are held monthly at Field Place, coronavirus permitting.

If this has tempted anyone to start building their family tree, beware - it can be addictive.

Findon Sheep Fair

The Sheep Fair Committee met on 19th May via Video Conference.

As of this date there is no further guidance from the Government regarding shows, large events or festivals. The Committee have agreed that a decision will be made by the beginning of July.

Next update 8th July.



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They will be available in my porch for collection and money can be paid into charity tin - so all safe."

Also small quantity of natural doggy treats by "Paws for Cake" - Cheesy

Maggie Martin

Stars, which would have been sold at our spring and summer events.

Donations very welcome in the tin.
(Rosie loves them!)

Please help if you can as, like most charities in these times, the Trust is in need of lots of support and they are busier than ever with lots of elderly and vulnerable clients needing extra help and many volunteers themselves having to self-isolate.

Please feel free to come and collect items from my porch at 13 The Willows. or call me on 01903 874173/07544 572702 to arrange a time or if necessary I will drop them round if very local!"

Findon Village WI

Due to the present Covid-19 pandemic we didn't get to see Pam Brewer's owls in April and missed the chance to discuss the current WI resolution in May.

Our June meeting was to be a Murder Mystery but, alas, this too is cancelled!

So what have the Findon Village WI ladies been doing with all their spare time? Lots of gardening, some lovely crafting and also busy sewing face coverings.

Paddy Winter

If any Findon Village resident would like a face covering please email findonvillagewi@hotmail.co.uk - there is no charge but a donation to St Barnabas would be welcome. Hopefully we will be able to make enough to meet demand. Please note that the official advice is that wearing this type of face covering will **not** protect you from contracting Covid-19 but may prevent others catching it from the wearer

Looking forward to welcoming back all our members when it is considered safe to reopen the village hall.

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Paws Animal Sanctuary

I was in the cattery when I heard a terrible commotion coming from one of the poultry runs, a fox was inside but our large white Silkie cockerel was attacking the fox. He let go of the hen he had in his mouth and climbed the fence and ran off - he was wet and bedraggled, as was the poor hen - she had a lucky escape. Meanwhile one of the cats who lives here sat watching what was going on just a few feet away and was not at all bothered. I must now arrange to get a camera set up because I am sure he will be back. At the moment I am going back and forth all day making sure the chickens are all right.

Silkie Chickens are very popular as children's pets. They are very gentle and just wiggle their bottoms and sit down if the child wants to pick them up. A neighbour wanted one as a birthday present for her daughter. I rang around all my friends even the local poultry club but the nearest one was in Portsmouth, the lady only had a black one and wanted £125 for it! The Silkie females are famous for being really good mums. We have had lots of chicks. The neighbour had a broody hen recently so I gave her some eggs. They are delighted with five Silkie chicks that have just hatched. The nice thing about Silkies, as well as being friendly and becoming very tame, is they don't destroy and dig up all the garden as the big hens do. Also they are very good little chickens for beginners, although the eggs are small, but okay for making cakes.

The three solar alarm posts I bought to deter moles have turned out to be a waste of money. Every day I moved them around but the moles are not bothered and just make even bigger molehills. I collect up all the earth every day with a dustpan and brush in a bucket. There are so many new molehills every day I think there must be more than one mole. You

can see the moles moving up and down when building a new molehill, but the cats and even the dogs just watch and walk away. In fact the cats don't even show any interest in the field mice. I sent for two humane mouse traps and I caught at least ten last week. Then I have to keep walking down to the end of the paddock to release them. It says on the instructions to release them 3 miles away - my daughter said it is probably the same ones I keep catching. But now I never go out at all and my daughter get my shopping. The volunteers who come to help all arrive wearing masks and rubber gloves and we all keep well away from one another. I cannot wear the masks because they steam up my glasses. Luckily I found an advert for full face protection shield for £5.99 made in the UK. If you want one easylifegroup.com sell them 0800 055 7766.

I haven't been out for so long, but I have been doing lots of cooking. Making cakes, and even making my own bread. Two black cats have just arrived and the owner left them outside the gate as we arranged. They are four years old and I promised to find them a new home together.

Stay home and stay safe everyone. Stacey.

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Findon Village Store News Jo O'Dell Volunteer/Committee Member

As we approach the beginning of summer this month and hopefully a continuation of the fine weather we continue to work hard to keep the shop stocked with all the summer essentials. We have disposable BBQs, coal and firelighters. We also continue to stock some gardening items including compost.

Becky our purchasing lead is still managing to source all types of flour including plain, self-raising, strong bread, gluten-free, french bread, wholemeal and scone mix.

Our local free-range egg suppliers have done a brilliant job of keeping the egg supply flowing, there is however a shortage of egg boxes, and we ask that if anyone has any spare clean egg boxes to please drop them off at the shop for re-use. I doesn't matter if the boxes aren't from our shop, we will accept any egg boxes as long as they're clean.

We are proud to have become a supplier for 'Auntie Val's', which is a local charitable organisation employing disabled people to produce awardwinning jams and chutneys. They provide work experience and training to people with difficulties, therefore providing opportunities to improve their lives. The organisation is struggling during the pandemic as much of their custom was local hotels and restaurants. We are very happy to be able to help them in some small way and we hope you enjoy some of the lovely jam!

The shop continues to provide both a hand-washing station and alcohol gel for customers to use on entry to the shop. In addition, we are still limiting the numbers of customers allowed in the shop at any one time. We will continue to monitor the situation and review any change in government advice.

Many villagers have thanked us for keeping the shop so well stocked and staffed, we also had a letter from Andrew Griffith, the MP for Arundel and the South Downs, thanking the whole shop team for providing such a vital community service.

Jo O'Dell-committee vice chair.



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Keeping active during a pandemic

When I taught my last fitness class way back in the middle of March, little did I realise that eight weeks later (and counting) I would still be on the subs bench. However, this is no time for packing up our exercise routine and it's vitally important that we use this time during the pandemic to stay as fit and active as we can.

We have been fortunate throughout this lockdown that we have been able to indulge in outdoor exercise. This should be taken advantage of. I'm a huge advocate of walking and a walk a day is so uplifting to both the mind and body. I've also noticed far more people out for a jog than normal so al fresco exercise is being well embraced.

Staying indoors does not mean that we can't get in our quota of exercise. The fitness industry has embraced technology with many classes now being hosted online. Maybe like me you have become a Zoomer - a platform that has become a godsend to fitness instructors and participants all around the globe. We can stream classes live from our sitting room to your kitchen. I currently teach two Paracise classes via Zoom and I have to say it has been an outstanding success. Not only do we get to exercise but we also re-connect with one another and we have a chat and catch-up at the end of each session which makes us feel more connected within our fitness community. There is a plethora of classes online that run the gamut from chair-based exercises to tap dancing to Pilates and everything in between, so take the time to seek out

some new fitness programmes that you may not have had an opportunity to try before - you may discover a new passion.

If you don't have access to a computer then the TV is your friend. Check out blasts from the past like Mr Motivator and The Green Goddess who are popping up on daytime television and leading the nation with some gentle exercise routines.

It's vital that we don't neglect our mental health during this time. When we exercise we release something called endorphins which are our bodies' own natural feel good hormones, what we sometimes refer to as an 'exercise high'. Many studies have shown that when people exercise regularly they benefit from a boost in mood and lower rates of depression. During these uncertain times it's easy to get into a low mood so getting some exercise will work wonders to combat negative feelings.

Exercise is also great for boosting and strengthening our immune system. When we are in the middle of a pandemic and trying to fight off a virus we could certainly do with all the help we can get.

We are living through very strange times indeed but we should use this time well to stay fit and healthy and keep up with our health and fitness regimes and maybe discover some new ones.

Stay safe.

Village House Hotel The Square Findon Village BN14 0TE

Village House

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Rob Taylor b: 3rd February 1959 d: 11th May 2020

It is with great sadness and a heavy heart that I have to announce that Rob sadly lost his fight with Covid-19 on 11th May. Jackie and his sister Sue were with him when he peacefully slipped away and our love and support are with them and his family at this very difficult time. Jackie has asked me to thank everyone for their kind words of support and respectfully asks that flowers are not sent, as such there will be a card of condolence at the Village House for signing by anyone who wishes and a collection box for anyone who would like to make a small donation. Rob was not just a long-serving valued member of staff, he was a friend to and will be truly missed by all who knew him.

Enjoy the swim up bar in the sky "Mr. Grumpy", love all of us xxxx Rob's funeral cortege will be driving through the village and past the Village House at 11:40 hrs on 4th June, if people wish to say farewell safely.

Check on website for menu and delivery details

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Monarch's Way Singers Community Choir Carole Thomas

How did it all start?
I attended the Easter Sunday Service in 2018 and was impressed by a small group of singers who offered one hymn at the service. They had discovered they enjoyed singing whilst looking after their sheep.

When I complimented Graham Langford about the singing he said that they would love to do more but needed someone to lead them. As you may well know, Graham is not only persuasive but extremely proactive and before we knew it we were a group of 15 willing singers rehearsing for the Harvest Festival and procession from Cissbury Farm to the church along the Monarch's Way. It was such fun waving to villagers en route following a tractor!

We adopted the name of Monarch's Way Singers for our new choir. Our numbers swelled and we had to move into a larger venue to rehearse. Thankfully, the village school kindly agreed to allow us to hire their school hall.

We have the most lovely group of people, with many a laugh at our rehearsals and we enjoy singing a variety of different genres from sacred anthems to pop and folk to musicals. We have almost equal numbers of men and women.

We call ourselves a community choir and have sung for church festivals but are delighted to have been able to contribute to the village fund-raising events for the village hall and church and also few different events such as weddings and charity carol singing at Cissbury and for the Live Nativity in the High Street.

During these months of social distancing, we are keeping in touch by each member choosing a Desert Island Disc with reasons for their selection or some relevant musical information. We send out someone's choice each day by email, with links on *You Tube*. We can also listen to the complete Monarch's Way Singers Playlist on *Spotify* compiled by one of our members, Chess.

We have really enjoyed keeping in touch. We had an online sing for VE Day which gave us a chance to see each other and have a nostalgic sing. We even had a special song about our village in the face of adversity!

We hope to eventually resume rehearsals at 8pm on Tuesday evenings at St. John the Baptist School Findon, but that is not on the horizon at the moment.

Email carole@carolemusic.co.uk for further information.

Findon Place Opening for the National Garden Scheme

Update: We do hope to still open in some capacity on Sunday 28th June. Please check for updated information on the NGS website www.ngs.org.uk and we hope to see you in June!

Caroline

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How it All Began

Wendy Bergamin

When I was suddenly made redundant last summer, I was very fortunate to have several weeks during which to think about what to do next. I really wanted to work for myself and to do something worthwhile that would provide a convenient service to residents of the village (and hopefully the surrounding area). I also wanted it to be something that would embrace my passion for my four legged friends and something in which I could use my creativity. So.... Doggie In The Window Grooming Room was created!

The first challenge was to find the best training course. After extensive research, I found a small training salon in East Sussex which offered the OCN Level 3 Diploma in Dog Grooming and straight out of my comfort zone, I was grooming dogs from day one, with my very patient and knowledgeable tutor! The course is extremely comprehensive, covering animal health and well-being, animal handling within the salon, recognising various coat types and applying the relevant styling techniques including hand stripping, clipping and scissoring (I was very pleased to be told that I was one of the best hand stripping students my tutor had ever taught!). The course also covers canine first aid, health and safety in the salon, customer relationships and all of the relevant legislation involved in setting up and running a dog grooming business.

Another challenge to overcome was how and where to set the business up from. We finally decided to convert our storage area at home, with permission from South Downs National Park planning department. The conversion work has been courtesy of my multitalented builder husband Paul, with <u>his</u> biggest challenge being dealing with his most demanding client - me!

Along the way I have had the constant support and encouragement from my lovely Mum, enthusiastic friends in the village and Paul, gently nudging me out of the front door on dark winter mornings and making me believe that I could actually do this! Even Joe, our 10 year old pesky Patterdale Terrier, has been involved - modelling for my logo (and actually managing to sit still for longer than a few seconds so that I could get exactly the right pose!).

My greatest enjoyment is getting to know the wide variety of many wonderful dogs and their personalities. Some with nerves or separation anxiety that need cuddles and soothing words, some that fidget for fun and some that just stand trusting and patient while I do my best to make them look beautiful. That is one of the most rewarding things - seeing the transformation from a scruffy ball of fur to a smartly groomed example of the breed, or just tidied up as the owner may prefer.

I very much look forward to welcoming my doggie friends to Doggie In The Window Grooming Room and seeing them leave with wagging tails, showing off their new smart haircuts!

Wendy Bergamin
Doggie In The Window Grooming Room

Findon Village Gardens Association

Chris Young

Sally Evans

Regrettably, the Summer Flower Show will not be going ahead, but the committee hope to be able to put on some form of outside event when it is deemed safe. Although this would not include any competitive entries, we

hope to have other attractions, such as plant stall, raffle and possibly a cake stall. So, whilst this is disappointing, we will soldier on regardless! Happy gardening and we expect next year to be fabulous.

Garden Notes

sow seeds for next year. I have plenty of things growing now, but I do wish the pesky pigeons wouldn't eat everything. I'm having to put netting over almost everything this year.

We've had some lovely weather in May and I'm sure many of us have used our time in lockdown to get on with jobs in the garden. I have been busy pulling up what felt like half the world's supply of forget-me-nots. The only problem now is that I need about half a dozen brown bins to put them all in.

I have also been watching the blue tits constantly flying in and out of the bird box, feeding their chicks. I hope we get to see them fledge this year – it's always such a pleasure.

I've also been getting my vegetable garden going and have even picked my first cucumber from the greenhouse. There are very slim pickings in the garden in May (except for rhubarb). Sadly, the purple sprouting broccoli has all been eaten. Every summer I am frustrated by the amount of space the broccoli takes up, as it has to be in the ground for the best part of a year. However, every spring when I have the first taste of it, I'm reminded why I grow it. It is so delicious freshly picked that I forgive it its protracted growth and then

On the subject of birds, I have been plagued by the sound of a blackbird that thinks it's an ambulance. Keep your ears open next time you walk down High Street. He's at it pretty much all day – sitting in a tree or at the top of a telegraph pole – doing an uncannily accurate imitation of an ambulance siren. I not sure he'll attract a mate sounding like that!



Readers' Letters

Time To Insist On 20 MPH Limit For Back Road To Cissbury Ring

My cat BG Snap was killed by a speeding car on the road from the back of Findon Village to Cissbury Ring, reigniting my determination to force the powers that be to finally remove the sign at the start of this road which announces, as you emerge from a 20 mph limit, that 60 mph will be just fine. This on a one track road, Nepcote Lane, which narrows into a virtual tree-lined tunnel before becoming a dead end at the car park near Cissbury Ring.

I've been agitating against this sign for about 10 years, but instead of listening to my suggestions, all that's happened is that a second sign has been installed on the other side of the road, to underline to motorists new to the area that they can happily put their foot to the floor.

What makes this so annoying and frustrating to me is that although you might think it is a relatively trivial matter, it underlines the fact that our elected representatives are so useless. They can't even rectify this simple travesty of common sense. My past efforts always induced comments like, "Oh it's not our responsibility,

it's...... (fill in the impenetrable agency of your choice).

I don't know if BG Snap would be alive today if this sign had been removed. The skid marks in the road in a narrow part of Nepcote Lane suggests the car might have been travelling close to the legal limit. That's probably because the driver was new to the area, and took seriously the sign telling him, twice, that local urban speed limits no longer applied. To anyone with a modicum of intelligence this sign was always an affront to logic, clear to anyone but a council bureaucrat. It is an inducement to speed on a completely unsuitable road and endanger life.

Just to underline the incompetence and irresponsibility of this action, to add a second unlimited speed sign, is the fact that about 10 yards on there is a big painted sign in the road saying SLOW, to make sure you don't break your suspension on an elevated drain that crosses the road. You can be sure the SLOW sign is there to protect cars, because the West Sussex Highways Agency and the Findon Parish Council clearly don't put much value on human or animal life, or they'd remove this sign, or change it to 20 mph. Neil Winton

Findon Sheep Fair

There is no doubt that the pandemic is here to stay for a considerable time more and there is no doubt in my mind and in mind of many residents of Findon, that the Sheep Fair should be cancelled this year. The danger of having hundreds of outsiders bustling about and breathing out possible Covid 19 germs as well as handling goods and touching articles, toilet doors, tables chairs etc is a terrifying thought.

Continued on page 25 ▶



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Findon must not be selfish in trying to maintain the wonderful tradition of the Sheep Fair, but the stark reality is that suffering and possible death from this dreadful disease is far too great a risk to take.

According to the World Health Organisation, nearly 400,000 people have died from Coronavirus to date - and sadly that may double by the end of the year.

Findon must show a responsible approach and put the health and lives of people before and satisfaction and gratification!

Mike Solomons



Did you know?

In 1086 there was a church recorded in Findon and 58 persons were recorded at Findon manor and sub-manor.

The population in 1801 was 381.

The Gun Inn was mentioned as far back as 1693. In 1799 is served as a post office.

A subscription library was founded in 1857, but lapsed after 1861. It was re-

founded at the end of the 18th century and between 1911 and 1923 it was housed in the wattle house. It was later housed in the village hall.

Hermit Terrace was named after a Derby winner. Hermit (1864–1890) was a 19th-century British thoroughbred racehorse and sire. In a racing career which lasted from April 1866 until July 1869 he ran 23 times and won eight races.

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Safe Space for Victims relaunched in 'lockdown'

'Safe Space Sussex' is an online directory of local victim services, created by Police & Crime Commissioner Katy Bourne. In response to the 'lockdown' and concerns raised around crimes like Domestic Abuse, this site has been upgraded and advice has been shared on social media (@SussexPCC) to help victims covertly reach out for help whilst stuck in isolation – search #SafeSpaceSussex.

With the entire country in lockdown, many services have expressed their concerns about victims of crime not feeling able to safely reach out for help. They have seen a decrease in engagement from victims with reports of crimes (like domestic abuse) made to Sussex Police, reducing by around 4%.

It's vital that residents are aware of the support that is still available if they need it. Safe Space Sussex has been equipped with a new search tool so that within 10 seconds, victims of any crime can find the service they need. It also has a 'leave site now' button that users can press to quickly exit the site. Tailored guidance has been shared across social media community groups on how victims can access the new website covertly, using incognito tabs,

as they may be living with their perpetrators during 'lockdown' and their search history may be monitored as a result.

Victims can also covertly let Sussex Police know they are in danger. The '55' technology is in place for those too scared to speak, to alert a call handler to the fact they need help by pressing 55 on their mobile phone once they've dialled 999.

There is still help and support available for all victims of crime during the Covid crisis.

If you find yourself in an emergency where you think you or others may be in immediate danger dial 999. Sussex Police are always there for you when you need them. Don't suffer in silence. If you would prefer not to contact the police you can report a crime anonymously via Crimestoppers online: https://crimestoppers-uk.org/give-information/forms/give-information-anonymously or by calling: 0800 555 111

www.safespacesussex.org.uk has all the information on support services who can help any victim of crime across Sussex.

All the latest village news and events are on the website www.findonvillage.org



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5 The Parade Nepcote Lane, Findon, Worthing BN14 OSE Mobile: 0190 334 0489

You're never too old to change careers - a Findon resident

Eighteen years ago, in my later mature years, I embarked on a new adventure. I had spent a weekend with an art teacher friend, who asked if she could draw my hands and feet for a project. I agreed and, after a glass of wine, later found myself reclining on the settee in a dressing gown with my friend setting up her easel, ready to draw me "life".

After returning home with five large charcoal drawings, she cajoled me into contacting the local college where her friend was Head of Art. She knew he was desperate for life models and she told me I was a natural! He rang me first, as she had spoken to him, and I was invited to go along and sit in on a session. I had no thoughts of doing any modelling, but after a chat and watching the class I said I would think about it. In fact, it took me four months to decide and pluck up the courage. I rang him and he asked me to do three sessions a week, starting immediately. So I was in at the deep end. There was no training so I watched a couple of sessions. When I sat for the first few times the tutor instructed me how he wanted me to sit or stand and after a while I found what I was comfortable with and they left me to it. I ended up doing eight sessions a week with A level pupils and evening adult education classes.

After a few months I found I was being asked to model around the area in other schools, art groups and evening classes. As a mature lady with curves and wrinkles I was very much in demand and found that I was the only one on their books. I began to travel quite a way into Kent, but eventually

decided to stay closer to home.
Sometimes I would model all day, with varied classes including portrait and sculpture. The pay was quite good but not excessive. Winter was difficult as many places were cold village halls and sitting still for a long time was demanding. I wasn't so good at standing for too long and I preferred reclining poses - I was very good at relaxing and going to sleep.

A session usually started with four or five quick poses to loosen up the students, followed by pose of around 20 minutes. After a ten minute break there would be a 40 to 60 minute session. Props are often used to give shapes, for example, leaning on a broom; perching on a stool; cloths draped to give shadows. There are a few rules – no jewellery, no suntan marks or makeup, as students tend to draw everything. I always wear nail varnish, on toes as well as it gives an end to your digits.

I still work for two tutors but County Councils don't fund art in schools anymore, so I work for adult education classes now. I'm not sure if I will continue in September – it may be time to hang up my robe, but I have many stories to tell and funny memories. Especially when the fire alarm rang and I had to stand outside in the car park in the freezing cold. I was wearing just my dressing gown, with bare feet and trying not to stand out among a whole college of students! I have had a super time. Over the years I have met many talented people and watched with great joy the new students progressing to become artists.

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Findon Planning Applications

Planning applications for Findon are under the authority of South Downs National Park and listed on the SDNPA website (www.southdowns.gov.uk). Findon Parish Council (FPC) Planning Committee meetings are scheduled monthly to consult on planning applications received from the South **Downs National Park Authority** (SDNPA). Parish Consultation Letters (PCL) received from the SDNPA are displayed on the Notice Boards outside the newsagents and the Village Hall, and published on the FPC website (http://findon.arun.gov.uk) along with the schedule of Committee meeting dates.

Please note that due to Findon News publication deadlines, some applications may have already been placed before the Committee. Residents should check the Notice

Boards and FPC website regularly to view notices and meeting details.

Any enquiries should be address to the FPC Clerk - 01903 877225. Since the last issue of Findon News, the following Planning Applications have been posted on the SDNPA website:

Construction of single storey side/rear extension, bay window and dormer window

Middle Nepcote 5 Nepcote Nepcote Findon Worthing BN14 0SD Ref. No: SDNP/20/01830/HOUS

Roof Extension to Garage to Form Hobby Room, Erection of Proposed Garden Shed

Southover Stable Lane Findon BN14 0RR

Ref. No: SDNP/20/01735/HOUS

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The Tale of a Stray Cat

Received from PAWS Animal Sanctuary

I live by the roadside.
But what can I do?
I'm hungry and cold.
And my body aches too.
Nobody cares,
They simply wells by

They simply walk by, I'm an invisible cat, I will probably die, I lost all my babies,

Death knocked at their door,

Starving and cold they Could take no more, I meow and meow,

But no one will hear

Kids throw stones at my body, They laugh and they jeer.

They hurt me. They hate me.

And chase me away.
I have nowhere to turn,
No safe place to stay.
The life of a stray cat,
Is all I see, unloved,

Unwanted, and bedraggled,

That's Me. Anon.

Reasons to be Cheerful - Part 4

Some of you will remember Ian Dury's song 'Reasons to be Part 3' back in 1977. This is an updated, lockdown version, just exploring what we have to be grateful for.

NHS and carers Uniform wearers Working hard

Supermarket workers
They're no shirkers

Credit cards

We don't have to hurry Nid's Thai curry Fish and chips

Such lovely grub
Get it from the pub
Take it to your lips

Village shop is open We're all hopin' They've got flour

Jigsaw puzzles Dogs with muzzles Walking for an hour The butcher has the meat They even have a seat For when you're queuing

Garden centre delivery Stable livery Crafting and gluing

Working in pyjamas Videos of llamas Sent by your mates

People that you meet Talking from six feet And over garden gates

Gardens are blooming We're all Zooming With our grandkids

Children home-schooling Doing lots of fooling Even Joe Wicks Afternoon napping Thursday clapping Captain Tom

Jobs getting done
Or sitting in the sun
Doesn't feel that wrong

No commuting Hearing owls hooting And the dawn chorus

Up and down the land Lots of helping hands Working for us

Cleaner streets and air Nature everywhere Bursting into life

Kindly neighbours Essential workers' labours Village life.

Parish of Findon, Clapham & Patching – May 2020

Walking together in the Way of Christ and sharing His love with others

www.findon-clapham-patching-churches.com

Please note our new Facebook page -

Parish of Findon, Clapham and Patching



All regular public Worship in Churches has been suspended due to Covid 19, but the clergy are praying daily for everyone in the Parish.

All Churches are closed, and all Village groups / activities have been cancelled.

If the above changes during June, as restrictions are lifted, information will be posted on the website and in the Post Office and also at Peckhams.

Jim Bartlett:

AG Morris Funeral Service is setting up an online Donation Page in aid of 'Friends of Findon Church'. Please contact AG Morris directly for more details – Aaron Morris, Tel: 01903 896776, www.agmorrissfunerals.co.uk

The Diocese of Chichester have put together a page on their website of shared resources- https://www.chichester.anglican.org/resources-for-worship-at-home/

This provides links for Worship at Home, Family Worship, and also links for children –



'Diddy Disciples' for free audio storytelling



and 'Scripture Union' for daily activities and videos.

Chichester Diocese have also launched a Helpline in partnership with Together in Sussex to provide pastoral support for the recently bereaved and people suffering from the pandemic.

The line will be staffed by volunteers who will be able to point callers to other organisations offering specialist support if appropriate, and also to parish clergy. Listeners will offer to pray for the caller or for their concerns.

The phone line is open to anyone, churchgoer or not, living in Sussex.

The number is 01273 425047 and will be open Monday to Friday 9am to 7pm.

Please note, this is a listening service and not a counselling service.

Colin and Helena continue to pray for everyone, and please look at the website and Facebook page for any updates.

Stay well and remember to care for vulnerable neighbours

Rev. Helena Buqué, Priest in Charge and Rev. Colin Cox, Curate: c/o The Rectory, School Hill, Findon BN14 OTR.

Tel: 873601, findoncprectory@gmail.com

Schooling During Covid-19

John Roche

Villagers will have noticed that our school gates are shut and locked as we continue to comply with government regulations about school closure during the COVID-19 crisis.

Most of our children are staying home to receive remotely delivered education with excellent support from both our teaching staff and parents. This is a situation that neither parents nor schools ever envisaged: our parents can never have imagined that they would one day become home educators and for staff, long-distance teaching is something that was certainly never covered during teacher training!

The children of frontline personnel, as well as any pupils requiring special support, are being offered in-school attendance and care In line with government instructions. Because of the small numbers requiring accommodation, any such children who

would normally attend our school, are being cared for at The Vale School in Findon Valley. Here both the pupils and our staff have been made very welcome, given their own safe areas and an individual classroom to enable us to look after them over there.

The staff and governors of Findon Village School are extremely grateful to our opposite numbers at the Vale for the kindness shown to us. The governors are also very thankful to all our staff for working tirelessly to provide ongoing education for our children and to their parents for being so kind and supportive during this crisis. This situation is new to all of us and we are doing our best to try and achieve something for which no amount of preparation or planning could ever have readied us.

John Roche Chair of Governors. St. John the Baptist School, Findon

Stray Cat found outside Findon Ambulance Station on Wednesday 20th May. Not microchipped. Very thin, Taken to PAWS Animal Sanctuary. 01903 872734.



Crime Report

TV LICENCE EMAIL SCAM - Beware of the email scam shown below, on no account respond just delete.

"We're sorry to let you know that your TV License could not be automatically renewed.

As we couldn't take the latest payment from your bank account, this amount will also need to be paid when you set up your new Direct Debit.

Remember, if you don't keep up with your payments, we may be forced to cancel your license or pass your details to a debt collection agency.

To change your payment method, have a look at all your options. So, all you need to do is make sure there's enough money in your account. Or, if you prefer to pay the missed amount now, you can sign in online and pay using your debit or credit card. While you're signed in, please make sure we have your correct bank details.

www.tvlicensing.co.uk/update/payment ---- 17:04:00----fds 30436CE51 Best Regards,TV Licensing Team"

PET BUYING SCAMS

Police are issuing a warning after several people in Sussex have become victims of pet buying scams.

The suspect typically advertises puppies or kittens online and uses the Covid-19 outbreak as the reason the victim can't come and see the pet.

They will often send photos or videos and persuade the victim to make a deposit or even full payment in advance. The suspects may also try to get the victim to cover other unforeseen costs such as insurance or vaccinations, after they've made the initial payment. The pet is never provided.

Action Fraud has reported a significant spike in pet buying scams since the Covid-19

Fiona MacLeod

outbreak. Nationwide it has seen 669 people lose a combined total of £282,686 in March and April, after putting down deposits for pets they have seen advertised online.

PC Bernadette Lawrie, Financial Abuse Safeguarding Officer for Sussex and Surrey Police said: "Criminals are on the lookout for any opportunity they can capitalise on – and clearly the extraordinary times we find ourselves in are no exception. It makes complete sense that you would not be able to go visit an animal in person at the moment and fraudsters are exploiting this to encourage people to part with their cash. Please think very carefully before sending money to a stranger. Make sure you've done your research and always trust your instincts."

To help protect yourself from scams like this: **Do your research** – Research sellers carefully before sending over any money, check their terms and conditions and returns policy.

Trust your instinct – If something feels wrong or seems too good to be true, then it probably is.

Never be rushed into making a decision –

if it doesn't feel right then walk away.

Choose a payment method that protects
you – If you decide to go ahead with the
purchase, avoid paying by bank transfer as
that offers you little protection if you become
a victim of fraud. Instead, use a credit card
or a payment service such as PayPal.

Report crime like this to Action Fraud
on 0300 123 2040.

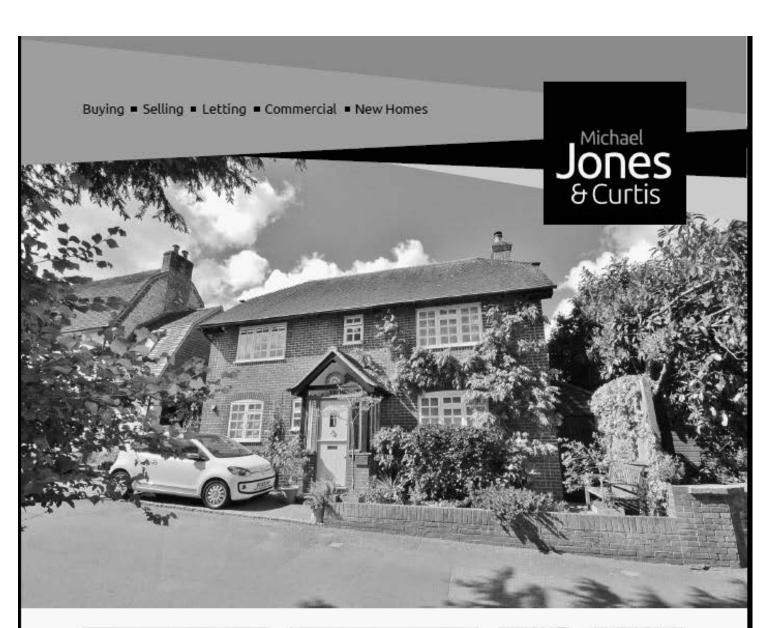
If the victim is vulnerable, report to Sussex Police <u>online</u> or by calling 101. In an emergency always dial 999

If you're deaf or hard of hearing, use the textphone service 18000.

Or text, on 999 if you've pre-registered wi

Or text on 999 if you've pre-registered with the emergency SMS service

Call 101 for non-emergency enquiries. If you're deaf or hard of hearing, use the textphone service on 18001 101.









Nepcote Lane, Findon Village

An opportunity to acquire this most attractive cottage style detached residence, built in 2000. Situated in the heart of this picturesque Downland village. The property benefits from off road parking to the front & rear, 4 bedrooms, ensuite, lounge, dining room, fitted kitchen, utility room, cloakroom, family bathroom, west rear garden & stunning Downland views.

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